

# WESTERN NEW MEXICO UNIVERSITY

Degree Plan - Kinesiology Major (0833)

School of Nursing & Kinesiology

Student Name: \_\_\_\_\_ ID #: \_\_\_\_\_ Tel #: \_\_\_\_\_  
Email: \_\_\_\_\_ Degree Type:  BA  BS  
Catalog Authority: 2020-21 Expected Completion: \_\_\_\_\_ Advisor: \_\_\_\_\_

*Deadline for Application for Graduation: June 1st for Fall; September 1st for Spring; February 1st for Summer.*

## GENERAL EDUCATION REQUIREMENTS (31)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
<b><u>Applied Liberal Arts and Sciences (9)</u></b>					
ALAS 1810 Humanities	(3)	_____	ALAS 1830 STEM	(3)	_____
ALAS 1820 Social/ Behav Sci.	(3)	_____			

<b><u>Area I - Communications (6)</u></b>			<b><u>Area IV - Social and Behavioral Sciences (3)</u></b>		
<sup>1</sup> ENGL 1110 Pre-requisite/Co-req			ANTH 1140 Intro to Cultural Anthropology		
ENGL 1120 Composition II	<sup>1</sup> (3)	_____	ECON 1110 Survey of Economics		
COMM 1130 Public Speaking			ECON 2110 Macroeconomic Principles		
COMM 1140 Intro to Media Writing			ECON 2120 Microeconomic Principles		
COMM 2140 Small Group Communication			GEOG 1120 World Regional Geography		
Course: _____	(3)	_____	GEOG 1130 Human Geography		

<b><u>Area II - Mathematics (3-5)</u></b>			<b><u>Area V - Humanities (3)</u></b>		
<sup>2</sup> BCIS 1110 is Pre-requisite/Co-req			ENGL 1410 Intro to Literature		
MATH 1010 Mathematics for School Teachers			ENGL 2310 Intro to Creative Writing		
MATH 1130 Survey of Mathematics	<sup>2</sup>		HIST 1110 United States History I		
MATH 1220 College Algebra	<sup>2</sup>		HIST 1120 United States History II		
MATH 1350 Intro to Statistics	<sup>2</sup>		HIST 1150 Western Civilization I		
MATH 1510 Calculus I	<sup>2</sup>		HIST 1160 Western Civilization II		
Course: _____	( )	_____	PHIL 1115 Intro to Philosophy		

**Area III - Science (4)**  
Pick **one** course (plus lab) from the following:  
BIOL 1110/1110L General Biology & Lab  
BIOL 1140/1140L5 Biology for Health Sciences & Lab  
BIOL 2110/2110L Principles of Biology: Cell/Molecular & Lab  
BIOL 2210/2210L Human Anatomy & Physiology I & Lab  
BIOL 2642/2642L Plant Form, Function and Diversity & Lab  
BIOL 2644/2644L Animal Form, Function and Diversity & Lab  
CHEM 1120/1120L Intro to Chemistry & Lab  
CHEM 1215/1215L General Chemistry I for STEM Majors & Lab  
GEOL 1110/1110L Physical Geology & Lab  
GEOL 1120/1120L Environmental Geology & Lab  
GEOL 2110/2110L Historical Geology & Lab  
PHSC 1120/1120L Forensic Science I & Lab  
Course: \_\_\_\_\_ (4) \_\_\_\_\_

Course: \_\_\_\_\_ (3) \_\_\_\_\_

**Area VI - Creative & Fine Arts (3-4)**  
ARTS 1250 Design II  
ARTS 1410 Intro to Photography  
ARTS 1610 Drawing I  
ARTS 1630 Painting I  
ARTS 2321 Appreciation of Clay  
ARTS 2841 Appreciation of Sculpture  
MUSC 1130 Music Appreciation  
Course: \_\_\_\_\_ ( ) \_\_\_\_\_

**BS Requirement (6)**  
MATH 1215 Intermediate Algebra (3) \_\_\_\_\_  
MATH 1350 Intro to Statistics (3) \_\_\_\_\_

**or** **BA Requirement (minimum of 3 credit hours)**  
Complete any upper division Spanish course, or one of the following: SPAN 2220, 303, BLED 431  
**or** CLEP for four semesters of Spanish.  
Course: \_\_\_\_\_ (3) \_\_\_\_\_

## Degree Plan - Kinesiology Major

### KINESIOLOGY CORE COURSES (48 hours minimum)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
EXSC 2115 Anatomy/Physiology (3)	_____	_____	KINS 405 Adherence & Well-Beir (3)	_____	_____
HLED 2135 Prevent & Treatmnt (3)	_____	_____	KINS 408 Assessmnt in Mv Sc (3)	_____	_____
KINS 201 Intro to Kinesiology (3)	_____	_____	KINS 412 Skill Acquis/Lifespan (3)	_____	_____
KINS/HLTH 300 Nutrition (3)	_____	_____	KINS 440 Ex Prescript/Spec Pop (3)	_____	_____
KINS 341 Physiology of Exercise (3)	_____	_____	KINS 441 Principles of Conditioni (3)	_____	_____
KINS 343 Biomechanics (3)	_____	_____	KINS 460 Exercise & Aging (3)	_____	_____
KINS 400 Motor Learning/Contro (3)	_____	_____	KINS 478 Applied Topic Exer/Phys (3)	_____	_____
KINS 404 Psychology of Injury (3)	_____	_____	KINS 481 Internship in Kines (3-9)	_____	_____

### MINOR DEGREE COURSES (18-24 hours outside the Kinesiology discipline)

Minor: \_\_\_\_\_ Number of Credits: \_\_\_\_\_  
 (attach degree plan worksheet for your minor, with course details)

#### Upper Division outside Kinesiology and Other Courses (if taken)

Course: _____ ( ) _____	Course: _____ ( ) _____
Course: _____ ( ) _____	Course: _____ ( ) _____
Course: _____ ( ) _____	Course: _____ ( ) _____
Course: _____ ( ) _____	Course: _____ ( ) _____

Service Learning 3 credits: \_\_\_\_\_ Sem/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

Upper Division Hours (42 minimum): \_\_\_\_\_ Writing Intensive Hours (9 minimum): \_\_\_\_\_

Total Hours (120 minimum required): \_\_\_\_\_ Copy to Registrar: \_\_\_\_\_ date: \_\_\_\_\_

Original completed: \_\_\_\_\_ date: \_\_\_\_\_ Grad. Audit sent: \_\_\_\_\_ date: \_\_\_\_\_

Updated: \_\_\_\_\_

Student Signature: \_\_\_\_\_ date: \_\_\_\_\_

Advisor Signature: \_\_\_\_\_ date: \_\_\_\_\_