WESTERN NEW MEXICO UNIVERSITY

Degree Plan - Kinesiology Major (0833)

Department of Allied Health

Student Name:_____ ID #:_____ Tel #:_____ Degree Type

Address:_____ Email:_____ ❑ BS ❑ BA

Catalog Authority: 2009-10 Expected Completion:_____ Advisor:_____

GENERAL EDUCATION REQUIREMENTS (41)*

Course(Credits) Sem/Year Grade

Area I - Oral Communications (3)
Pick one of the following: COMM 110, THR 250
Course:_____ (3)_____ _____
or Transfer: TGE (COMM 175)

Area I - Written Communications (6)
ENGL 101 Comp & Rhetoric I (3)_____ _____
ENGL 102 Comp & Rhetoric II (3)_____ _____
or Transfer: TGE (ENGL 175) for ENGL 102 only

Area II - Mathematics (3)
MATH 105, 106, 121, 131, 132 or 171
Course:_____( )_____ _____
or Transfer: TGE (MATH 175)

Area III - Laboratory Science (8)
Pick two courses (plus labs) from the following:
BIOL 101, 102, 202, 204, 206, CHEM 121, 151, 152
BIOL 254, 255 PHSC 101, 102, 115, 171
GEOL 101, 102, 201 PHYS 151, 152, 171, 172
Course:_____ (4)_____ _____
Course:_____ (4)_____ _____
or TGE (BIOL 175, CHEM 175, GEOL 175, PHSC 175, PHYS 175)

Area IV - Social and Behavioral Sciences (6-9) **
Pick 2-3 courses from different groups of the following:
1) ANTH 201, 202; GEOG 201, 202, 205 2) CJUS 111
3) ECON 201, 202 4) POLS 201, 202 5) PSY 102 6) SOC 101, 102
Course:_____ (3)_____ _____
Course:_____ (3)_____ _____
Course:_____ (3)_____ _____
or Transfer TGE (ANTH 175, ECON 175, GEOG 175, POLS 175, PSY 175, SOC 175)

Area V - Humanities and Fine Arts (9-12) **
Pick 3-4 courses from at least 3 separate categories below:
1) History HIST 111, 112, 201, 202
Course:_____ (3)_____ _____
Course:_____ (3)_____ _____
or Transfer: TGE (HIST 175)
2) Literature
ENGL 200, 201, 205, 225, 240, 265, 293, 294, 296, 297
Course:_____ (3)_____ _____
Course:_____ (3)_____ _____
or Transfer: TGE (ENGL 275)
3) Aesthetics (Art, Music, Theater)
ART 211, MUSC 111, 119, THR 110, 136, 211
Course:_____( )_____ _____
Course:_____( )_____ _____
or Transfer: TGE (ART 175, MUSC 175, THR 175, HUM 175)
4) Philosophy PHIL 100, 101, 200
Course:_____ (3)_____ _____
Course:_____ (3)_____ _____
or Transfer: TGE (PHIL 175)

Computer Literacy (3)
Pick either CMPS 110 or 111, or take a challenge exam.
Course:_____ (3)_____ _____
or Transfer: TGE (CMPS 175)

* Includes 35 hours of the NM Common Core plus 6 additional WNMU hours
** The total credits from Area IV and Area V must be 18 hours.
Note: TGE = Transferred General Education courses listed by HED or other transfer agreements, but with no WNMU equivalent

BS Requirement (6)

Math and/or Computer Science (any 2 courses beyond Gen. Ed) and/or SOC/GEOG/PSY 323 Social Statistics
Course:_____ (3)_____ _____
Course:_____ (3)_____ _____

or

BA Requirement (minimum of 3)

Completion of one of the following: SPAN 202, SPAN 252, SPAN 214 or any upper level Spanish course.
Course:_____ (3)_____ _____
Course:_____ (3)_____ _____

Degree Plan - Kinesiology Major

Student Outcomes Assessment completed ❑ yes

SUPPORTING COURSEWORK (16 credit hours)

Course(Credits)		Sem/Year	Grade	Course(Credits)		Sem/Year	Grade
BIOL 101/103 Biolgy Gen Ed I*	(4)			MVSC 141 Interm Swimming	(1)		
CHEM 121/123 Chem for Life*	(4)			KINS 240/242 A&P Kinesiol	(4)		
*May be counted as General Education hours				PSY 102 Gen'l Psychology*	(3)		

KINESIOLOGY CORE COURSES (36 hours)

KINS 213 First Aid	(2)			KINS 400 Motor Behavior	(3)		
KINS 215 Prevent & Treatmnt	(3)			KINS 408 Assessmnt in Mv Sc	(3)		
KINS 300 Nutrition/Diet Th	(3)			KINS 440 Exercise Prescript	(3)		
KINS 341/342 Physl of Exercs	(4)			KINS 441 Princ of Condition	(3)		
KINS 343 Biomechanics	(3)			KINS 481 Internship in Kines	(3)		
KINS 350 Wellness Pr Mgmt	(3)			NUR 170 Pharmacology	(3)		

Additional Recommended Courses

BIOL 102/104 Biolgy Gen Ed I	(4)			MVSC 406 Sports Psychology	(3)		
BIOL 254/256 Anat & Phys I	(4)			MVSC 445 Sport in Amer Cult	(3)		
BIOL 255/257 Anat & Phys II	(4)			PHYS 151/153 Gen'l Physics I	(4)		
MATH 321 Statistics*	(3)			WELL 464 Subst Use/Abuse	(3)		
MVSC 218 Intro to Coaching	(3)			WELL 465 Wellness of Sr Pop	(3)		
MVSC 245 Hist & Phil in MS	(2)						

* may count for BS requirement

MINOR DEGREE COURSES (18-24 hours outside the Kinesiology discipline)

Minor: _____ Number of Credits: _____

(attach degree plan worksheet for your minor, with course details)

Upper Division outside Kinesiology and Other Courses (if taken)

Course: _____	( )			Course: _____	( )		
Course: _____	( )			Course: _____	( )		
Course: _____	( )			Course: _____	( )		

Student Success Seminar: ACAD 101 (3 credits) Sem/Year: _____ Grade: _____

Upper Division Hours (54 minimum): _____ **Writing Intensive Hours (12 minimum):** _____

(6 hours must be outside of major and minor disciplines)

Total Hours (128 minimum required): _____ **Copy to Registrar on** (date)**:** _____

Original completed on (date)**:** _____ **Grad. Audit sent on** (date)**:** _____

Updated on (date)**:** _____ _____

_____ _____

Student Signature: _____ date: _____

Advisor Signature: _____ date: _____