

# WESTERN NEW MEXICO UNIVERSITY

## Degree Plan - Kinesiology Major (0833)

### School of Allied Health

Student Name: \_\_\_\_\_ ID #: \_\_\_\_\_ Tel #: \_\_\_\_\_ Degree Type

Address: \_\_\_\_\_ Email: \_\_\_\_\_ ☐ BS ☐ BA

Catalog Authority: 2014-15 Expected Completion: \_\_\_\_\_ Advisor: \_\_\_\_\_

### **GENERAL EDUCATION REQUIREMENTS (41)\***

**Course(Credits) Sem/Year Grade**  
**Area I - Oral Communications (3)**  
Pick one of the following: COMM 110, THR 250  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (COMM 175)

**Area I - Written Communications (6)**  
ENGL 101 Comp & Rhetoric I (3) \_\_\_\_\_  
ENGL 102 Comp & Rhetoric II (3) \_\_\_\_\_  
or Transfer: TGE (ENGL 175) for ENGL 102 only

**Area II - Mathematics (3)**  
MATH 105, 106, 121, 131, 132 or 171  
Course: \_\_\_\_\_ ( ) \_\_\_\_\_  
or Transfer: TGE (MATH 175)

**Area III - Laboratory Science (8)**  
Pick two courses (plus labs) from the following:  
BIOL 101, 102, 202, 204, 206, CHEM 121, 151, 152  
BIOL 212, 254, 255 PHSC 101, 115, 171  
GEOL 101, 102, 105, 201 PHYS 151, 152, 171, 172  
Course: \_\_\_\_\_ (4) \_\_\_\_\_  
Course: \_\_\_\_\_ (4) \_\_\_\_\_  
or TGE (BIOL 175, CHEM 175, GEOL 175, PHSC 175, PHYS 175)

**Area IV - Social and Behavioral Sciences (6-9) \*\***  
Pick 2-3 courses from different groups of the following:  
1) ANTH 201, 202, 212/214; GEOG 201, 202, 205  
2) ECON 200, 201, 202 3) POLS 201, 202  
4) PSY 102 5) SOC 101, 102, BSAD 100, CJUS 111, SWK 101  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer TGE (ANTH 175, ECON 175, GEOG 175, POLS 175, PSY 175, SOC 175)

**Course(Credits) Sem/Year Grade**  
**Area V - Humanities and Fine Arts (9-12) \*\***  
Pick 3-4 courses from at least 3 separate categories below:  
**1) History** HIST 111, 112, 201, 202  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (HIST 175)

**2) Literature** ENGL 200, 201, 205, 225, 240, 265  
ENGL 293, 294, 296, 297; CCHS 243  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (ENGL 275)

**3) Aesthetics (Art, Music, Theater)**  
ART 211, 241, 261; MUSC 111, 119; THR 110, 136, 211  
Course: \_\_\_\_\_ ( ) \_\_\_\_\_  
Course: \_\_\_\_\_ ( ) \_\_\_\_\_  
or Transfer: TGE (ART 175, MUSC 175, THR 175, HUM 175)

**4) Philosophy** PHIL 100, 101, 200  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (PHIL 175)

**Technology Literacy (3)**  
CMPS 110, CMPS 111, ART 140, or take a challenge exam.  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
or Transfer: TGE (CMPS 175)

\* Includes 35 hours of the NM Common Core  
plus 6 additional WNMU hours

\*\* The total credits from Area IV and Area V  
must be 18 hours.

Note: TGE = Transferred General Education courses  
listed by HED or other transfer agreements,  
but with no WNMU equivalent

### **BS Requirement (6)**

Math and/or Computer Science (any 2 courses beyond Gen. Ed)  
incl PSY/SOC 323 Social Stats & BIOL/GEOG 361/363 GIS  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_

**or**

### **BA Requirement (minimum of 3)**

Completion of one of the following: SPAN 202, SPAN 252,  
SPAN 214 or any upper level Spanish course.  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_

Student Outcomes Assessment completed ☐ yes

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
BIOL 101/103 Biolgy Gen Ed I*	(4)		KINS 240/242 A&P Kinesiol	(4)	
CHEM 121/123 Chem for Life*	(4)		PSY 102 Gen'l Psychology*	(3)	

KINS 201 Intro to Kinesiology	(3)	_____	_____	KINS 400 Motor Behavior	(3)	_____	_____
KINS 213 First Aid	(2)	_____	_____	KINS 408 Assessmnt in Mv Sc	(3)	_____	_____
KINS 215 Prevent & Treatmnt	(3)	_____	_____	KINS 440/442 Ex Prescript/Lab	(4)	_____	_____
KINS 300 Nutrition/Diet Th	(3)	_____	_____	KINS 441/443 Princ Cond/Lab	(4)	_____	_____
KINS 341/342 Physl of Exercls	(4)	_____	_____	KINS 460 Exercise & Aging	(3)	_____	_____
KINS 343 Biomechanics	(3)	_____	_____	KINS 481 Internship in Kines	(3)	_____	_____
KINS 350 Wellness Pr Mgmt	(3)	_____	_____	NUR 170 Pharmacology	(3)	_____	_____

BIOL 102/104 Biolgy Gen Ed I (4)	_____	_____	PE 406 Sports Psychology (3)	_____	_____
BIOL 254/256 Anat & Phys I (4)	_____	_____	PE 445 Sport in Amer Culture (3)	_____	_____
BIOL 255/257 Anat & Phys II (4)	_____	_____	PHYS 151/153 Gen'l Physics I (4)	_____	_____
MATH 321 Statistics* (3)	_____	_____	HLTH 464 Subst Use/Abuse (3)	_____	_____
PE 218 Intro to Coaching (3)	_____	_____	HLTH 465 Wellness of Sr Pop (3)	_____	_____
PE 245 Hist & Phil in Mov Sci (2)	_____	_____			

Course: \_\_\_\_\_ ( ) \_\_\_\_\_

Course: \_\_\_\_\_ ( ) \_\_\_\_\_

Course: \_\_\_\_\_ ( ) \_\_\_\_\_

Course: \_\_\_\_\_ ( ) \_\_\_\_\_

revised 05/14