

**WESTERN NEW MEXICO UNIVERSITY**  
**Degree Plan - Kinesiology Minor (0833)**  
**School of Allied Health**

Student Name: \_\_\_\_\_ Student ID: \_\_\_\_\_  
Address: \_\_\_\_\_ Email: \_\_\_\_\_  
\_\_\_\_\_  
Telephone: \_\_\_\_\_  
Catalog Authority: \_\_\_\_\_ Expected Completion: \_\_\_\_\_ Advisor: \_\_\_\_\_

**Prerequisite Supporting Coursework (8 hours)**

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
KINS 240/242 Anatomical & Physiological Kinesiology	(4) _____	(3) _____ lab (1) _____
BIOL 101/103 Biology for General Education I	(4) _____	(3) _____ lab (1) _____

**KINESIOLOGY CORE REQUIREMENTS (18 credit hours)**

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
KINS 213 First Aid	(2) _____	_____
KINS 215 Basic Prevtn & Treatment of Athletic Injuries	(3) _____	_____
KINS 300 Nutrition/Diet Therapy	(3) _____	_____
KINS 341/342 Physiology of Exercise/lab	(4) _____	(3) _____ lab (1) _____
KINS 343 Biomechanics	(3) _____	_____
KINS 400 Motor Behavior	(3) _____	_____

**Other Recommended Courses (7 hours)**

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
KINS 441/443 Principles of Conditioning/lab	(4) _____	(3) _____ lab (1) _____
PE 218 Introduction to Coaching	(3) _____	_____

**Total credit hours (minimum of 18 required):** \_\_\_\_\_

**Original completed on (date):** \_\_\_\_\_ **Copy to Registrar on (date):** \_\_\_\_\_

**Updated on (date):** \_\_\_\_\_ **Grad. Audit sent on (date):** \_\_\_\_\_

**Student Signature:** \_\_\_\_\_ **date:** \_\_\_\_\_

**Advisor Signature:** \_\_\_\_\_ **date:** \_\_\_\_\_