

WESTERN NEW MEXICO UNIVERSITY

Degree Plan - Kinesiology Major (0833)

School of Allied Health

Student Name: _____ ID: _____ Tel #: _____ Degree Type
Address: _____ Email: _____ ☐ BS
(complete - incl street, city, state, zip) _____ ☐ BA
Catalog Authority: 2017-18 Expected Completion: _____ Advisor: _____

GENERAL EDUCATION REQUIREMENTS (41)*

Course(Credits) Sem/Year Grade
Area I - Oral Communications (3)
Pick one of the following: COMM 110, THR 250
Course: _____ (3) _____
or Transfer: TGE (COMM 175) _____

Area I - Written Communications (6)
ENGL 101 Comp & Rhetoric I (3) _____
ENGL 102 Comp & Rhetoric II (3) _____
or Transfer: TGE (ENGL 175) for ENGL 102 only _____

Area II - Mathematics (3)
MATH 105, 106, 107, 121, 131, 132 or 171
Course: _____ () _____
or Transfer: TGE (MATH 175) _____

Area III - Laboratory Science (8)
BIOL 101/103 Biol for Hlth Scier (4) _____
CHEM 121/103 Chem for Life (4) _____
or TGE (BIOL 175, CHEM 175) _____

Area IV - Social and Behavioral Sciences (6-9) **
Pick 2 courses from different groups of the following:
1) ANTH 201, 202, 212/214; GEOG 201, 202, 205
2) ECON 200, 201, 202 3) POLS 201, 202
4) SOC 101, 102, BSAD 100, CJUS 111, SWK 101

PSY 102 General Psychology (3) _____
Course: _____ (3) _____
Course: _____ (3) _____
or Transfer TGE (ANTH 175, ECON 175, GEOG 175, POLS 175,
PSY 175, SOC 175) _____

BS Requirement (6)
MATH 111 Intermediate Algebra (3) _____
MATH 321 Statistics (3) _____

Course(Credits) Sem/Year Grade
Area V - Humanities and Fine Arts (9-12) **
Pick 3-4 courses from at least 3 separate categories below:
1) History HIST 111, 112, 201, 202
Course: _____ (3) _____
Course: _____ (3) _____
or Transfer: TGE (HIST 175) _____
2) Literature ENGL 150, 200, 205, 225, 265
ENGL 293, 296; LALS 243
Course: _____ (3) _____
Course: _____ (3) _____
or Transfer: TGE (ENGL 275) _____
3) Aesthetics (Art, Music, Theater)
ART 211, 241, 261; MUSC 111, 119; THR 110, 136, 211
Course: _____ () _____
Course: _____ () _____
or Transfer: TGE (ART 175, MUSC 175, THR 175, HUM 175)
4) Philosophy PHIL 100, 101, 200
Course: _____ (3) _____
Course: _____ (3) _____
or Transfer: TGE (PHIL 175) _____

Technology Literacy (3)
CMPS 110, CMPS 111, ART 104, or take a challenge exam.
Course: _____ (3) _____
or Transfer: TGE (CMPS 175) _____

* Includes 35 hours of the NM Common Core
plus 6 additional WNMU hours

** The total credits from Area IV and Area V
must be 18 hours.

Note: TGE = Transferred General Education courses
listed by HED or other transfer agreements,
but with no WNMU equivalent

or BA Requirement (minimum of 3 credit hours)
Complete any upper division Spanish course, or one of the
following: SPAN 202, BLED 431 or CLEP for four semesters
of Spanish.
Course: _____ (3) _____
Course: _____ (3) _____

Degree Plan - Kinesiology Major

Student Outcomes Assessment completed ☐ yes

SUPPORTING COURSEWORK (2 credit hours)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
KINS 213 First Aid	(2) _____	_____

KINESIOLOGY CORE COURSES (46 hours minimum)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
KINS 201 Intro to Kinesiology	(3) _____	_____	KINS 404 Psychology of Injury	(3) _____	_____
KINS 215 Prevent & Treatmnt	(3) _____	_____	KINS 408 Assessmnt in Mv Sc	(3) _____	_____
KINS 240 Kinesiology	(4) _____	_____	KINS 412 Skill Acquis/Lifespan	(3) _____	_____
KINS 300 Nutrition/Diet Th	(3) _____	_____	KINS 440 Ex Prescript/Spec Pop	(3) _____	_____
KINS 341 Physiology of Exercise	(3) _____	_____	KINS 441 Principles of Conditioni	(3) _____	_____
KINS 343 Biomechanics	(3) _____	_____	KINS 460 Exercise & Aging	(3) _____	_____
KINS 350 Wellness Pr Mgmt	(3) _____	_____	KINS 481 Internship in Kines	(3) _____	_____
KINS 400 Motor Behavior	(3) _____	_____			

Additional Recommended Courses

HLTH 460 Well/Prog/Plan/Eval	(3) _____	_____	PE 245 Hist & Phil in Mov Sci	(3) _____	_____
HLTH 465 Wellness of Sr Pop	(3) _____	_____	PE 406 Sports Psychology	(3) _____	_____
KINS 406 Adv Biomech Analysis	(3) _____	_____	PE 445 Sport in Amer Culture	(3) _____	_____
PE 218 Intro to Coaching	(3) _____	_____			

MINOR DEGREE COURSES (18-24 hours outside the Kinesiology discipline)

Minor: _____

Number of Credits: _____

(attach degree plan worksheet for your minor, with course details)

Upper Division outside Kinesiology and Other Courses (if taken)

Course: _____ () _____	Course: _____ () _____
Course: _____ () _____	Course: _____ () _____
Course: _____ () _____	Course: _____ () _____

Service Learning 3 credits: _____ Sem/Year: _____ Grade: _____

Upper Division Hours (42 minimum): _____ Writing Intensive Hours (12 minimum): _____

Total Hours (120 minimum required): _____ Copy to Registrar: _____ date: _____

Original completed: _____ date: _____ Grad. Audit sent: _____ date: _____

Updated: _____

Student Signature: _____ date: _____

Advisor Signature: _____ date: _____