

# WESTERN NEW MEXICO UNIVERSITY

## Degree Plan - Kinesiology Major (0833)

### School of Allied Health

Student Name: \_\_\_\_\_ ID #: \_\_\_\_\_ Tel #: \_\_\_\_\_ Degree Type

Address: \_\_\_\_\_ Email: \_\_\_\_\_ ☐ BS

(complete - incl street, city, state, zip) \_\_\_\_\_ ☐ BA

Catalog Authority: 2019-20 Expected Completion: \_\_\_\_\_ Advisor: \_\_\_\_\_

*Deadline for Application for Graduation; June 1st for Fall; September 1st for Spring; February 1st for Summer.*

### **GENERAL EDUCATION REQUIREMENTS (31)**

#### **Applied Liberal Arts and Sciences (9)**

	<b>Sem/Year</b>	<b>Grade</b>
ALAS 1810 Applied Liberal Arts & Sciences - Humanities	(3) _____	_____
ALAS 1820 Applied Liberal Arts & Sciences - Social/ Behav Sciences	(3) _____	_____
ALAS 1830 Applied Liberal Arts & Sciences - STEM	(3) _____	_____

<b><u>Course(Credits)</u></b>	<b><u>Sem/Year</u></b>	<b><u>Grade</u></b>
<b><u>Area I - Communications (6)</u></b>	<b><u><sup>1</sup> ENGL 1110 Pre-requisite/Co-req</u></b>	

ENGL 1120 Composition II <sup>1</sup> \_\_\_\_\_  
COMM 1130 Public Speaking \_\_\_\_\_  
COMM 1140 Intro to Media Writing \_\_\_\_\_  
COMM 2140 Small Group Communication \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_

<b><u>Area II - Mathematics (3-5)</u></b>	<b><u><sup>2</sup> BCIS 1110 is Pre-requisite/Co-req</u></b>
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MATH 1010 Mathematics for School Teachers \_\_\_\_\_  
MATH 1130 Survey of Mathematics <sup>2</sup> \_\_\_\_\_  
MATH 1220 College Algebra <sup>2</sup> \_\_\_\_\_  
MATH 1350 Intro to Statistics <sup>2</sup> \_\_\_\_\_  
MATH 1510 Calculus I <sup>2</sup> \_\_\_\_\_  
Course: \_\_\_\_\_ ( ) \_\_\_\_\_

#### **Area III - Science (4)**

Pick **one** course (plus lab) from the following:  
BIOL 1110/1110L General Biology & Lab \_\_\_\_\_  
BIOL 1140/1140L5 Biology for Health Sciences & Lab \_\_\_\_\_  
BIOL 2110/2110L Principles of Biology: Cell/Molecular & Lab \_\_\_\_\_  
BIOL 2210/2210L Human Anatomy & Physiology I & Lab \_\_\_\_\_  
BIOL 2642/2642L Plant Form, Function and Diversity & Lab \_\_\_\_\_  
BIOL 2644/2644L Animal Form, Function and Diversity & Lab \_\_\_\_\_  
CHEM 1120/1120L Intro to Chemistry & Lab \_\_\_\_\_  
CHEM 1215/1215L General Chemistry I for STEM Majors & Lab \_\_\_\_\_  
GEOL 1110/1110L Physical Geology & Lab \_\_\_\_\_  
GEOL 1120/1120L Environmental Geology & Lab \_\_\_\_\_  
GEOL 2110/2110L Historical Geology & Lab \_\_\_\_\_  
PHSC 1120/1120L Forensic Science I & Lab \_\_\_\_\_  
Course: \_\_\_\_\_ (4) \_\_\_\_\_

#### **BS Requirement (6)**

MATH 1215 Intermediate Algebra (3) \_\_\_\_\_  
MATH 1350 Intro to Statistics (3) \_\_\_\_\_

<b><u>Course(Credits)</u></b>	<b><u>Sem/Year</u></b>	<b><u>Grade</u></b>
<b><u>Area IV - Social and Behavioral Sciences (3)</u></b>		

ANTH 1140 Intro to Cultural Anthropology \_\_\_\_\_  
ECON 1110 Survey of Economics \_\_\_\_\_  
ECON 2110 Macroeconomic Principles \_\_\_\_\_  
ECON 2120 Microeconomic Principles \_\_\_\_\_  
GEOG 1120 World Regional Geography \_\_\_\_\_  
GEOG 1130 Human Geography \_\_\_\_\_  
POLS 1110 Intro to Political Science \_\_\_\_\_  
POLS 1120 American National Government \_\_\_\_\_  
PSYC 1110 General Psychology \_\_\_\_\_  
SOCI 1110 Intro to Sociology \_\_\_\_\_  
SOCI 2310 Contemporary Social Problems \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_

#### **Area V - Humanities (3)**

ENGL 1410 Intro to Literature \_\_\_\_\_  
ENGL 2310 Intro to Creative Writing \_\_\_\_\_  
HIST 1110 United States History I \_\_\_\_\_  
HIST 1120 United States History II \_\_\_\_\_  
HIST 1150 Western Civilization I \_\_\_\_\_  
HIST 1160 Western Civilization II \_\_\_\_\_  
PHIL 1115 Intro to Philosophy \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_

#### **Area VI - Creative & Fine Arts (3-4)**

ARTS 1250 Design II \_\_\_\_\_  
ARTS 1410 Intro to Photography \_\_\_\_\_  
ARTS 1610 Drawing I \_\_\_\_\_  
ARTS 1630 Painting I \_\_\_\_\_  
ARTS 2321 Appreciation of Clay \_\_\_\_\_  
ARTS 2841 Appreciation of Sculpture \_\_\_\_\_  
MUSC 1130 Music Appreciation \_\_\_\_\_  
Course: \_\_\_\_\_ ( ) \_\_\_\_\_

#### **or **BA Requirement (minimum of 3 credit hours)****

Complete any upper division Spanish course, or one of the following: SPAN 2120, BLED 431 **or** CLEP for four semesters of Spanish.

Course: \_\_\_\_\_ (3) \_\_\_\_\_  
Course: \_\_\_\_\_ (3) \_\_\_\_\_

## Degree Plan - Kinesiology Major

### SUPPORTING COURSEWORK (2 credit hours)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
HLED 1120 Amer Red Cross First Aid	(2) _____	_____

### KINESIOLOGY CORE COURSES (45 hours minimum)

<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>	<u>Course(Credits)</u>	<u>Sem/Year</u>	<u>Grade</u>
KINS 201 Intro to Kinesiology	(3) _____	_____	KINS 408 Assessmnt in Mv Sc	(3) _____	_____
HLED 2135 Prevent & Treatmnt	(3) _____	_____	KINS 412 Skill Acquis/Lifespan	(3) _____	_____
EXSC 2115 Anatomy/Physiology I	(3) _____	_____	KINS 440 Ex Prescript/Spec Pop	(3) _____	_____
KINS 300 Nutrition	(3) _____	_____	KINS 441 Principles of Conditioni	(3) _____	_____
KINS 341 Physiology of Exercise	(3) _____	_____	KINS 460 Exercise & Aging	(3) _____	_____
KINS 343 Biomechanics	(3) _____	_____	KINS 478 Applied Topic Exer/Physi	(3) _____	_____
KINS 400 Motor Learning/Control	(3) _____	_____	KINS 481 Internship in Kines	(3-9) _____	_____
KINS 404 Psychology of Injury	(3) _____	_____			

### Additional Recommended Courses

HLTH 460 Well/Prog/Plan/Eval	(3) _____	_____	HLED 2510 History & Phil of PE	(3) _____	_____
HLTH 465 Wellness of Sr Pop	(3) _____	_____	PE 406 Sports Psychology	(3) _____	_____
HLED 2110 Principles of Coaching	(3) _____	_____	PE 445 Sport in Amer Culture	(3) _____	_____

### MINOR DEGREE COURSES (18-24 hours outside the Kinesiology discipline)

Minor: \_\_\_\_\_ Number of Credits: \_\_\_\_\_  
(attach degree plan worksheet for your minor, with course details)

### Upper Division outside Kinesiology and Other Courses (if taken)

Course: _____ ( ) _____	Course: _____ ( ) _____
Course: _____ ( ) _____	Course: _____ ( ) _____
Course: _____ ( ) _____	Course: _____ ( ) _____

Service Learning 3 credits: \_\_\_\_\_ Sem/Year: \_\_\_\_\_ Grade: \_\_\_\_\_

Upper Division Hours (42 minimum): \_\_\_\_\_ Writing Intensive Hours (9 minimum): \_\_\_\_\_

Total Hours (120 minimum required): \_\_\_\_\_ Copy to Registrar: \_\_\_\_\_ date: \_\_\_\_\_

Original completed: \_\_\_\_\_ date: \_\_\_\_\_ Grad. Audit sent: \_\_\_\_\_ date: \_\_\_\_\_

Updated: \_\_\_\_\_

Student Signature: \_\_\_\_\_ date: \_\_\_\_\_

Advisor Signature: \_\_\_\_\_ date: \_\_\_\_\_